Hello. My name is Margarito Ochoa. Most of you know me as Lion Och, Past District Governor. I have been given the honor to introduce my friend and fellow Lion, Second Vice-District Governor Nadja Muchow; as candidate for First Vice-District Governor. Lion Nadja has been a Lion for over 24 years and with the Thurmont Lions Club since 2014.

Lion Nadja has had a positive influence in the Lions Club especially advocating for the women in our district. She has demonstrated a strong commitment to volunteerism, leadership and a passion for Lionism; along with enhancing her commitment with her fellow Lion members and enriching those she helps in the community.

I have had the privilege of working alongside Nadja when she was the Treasurer for the Lion Social for Past District Governor Brian Cox. Lion Nadja is very detailed and task oriented Lion.

Second Vice-District Governor Nadja began as a charter member of the Columbia Lions Club in district 22-A in 1997 and held the position of Secretary and Director. In 2005, she married and joined her husband in Severn River Lions Club where she held positions of Director and First Vice President. In 2010, she joined the Gettysburg Lions Club in District 14-C after moving; where she held the position of First Vice President. In 2014, she later joined the Thurmont Lions Club after her husband decided to run for the International Director. At the Thurmont Lions Club, she served as Director, 1st Vice-President, President and Chair of Peace Poster Committee. She continues as Club Peace Poster Chairperson and added Club Membership Chairperson.

At the District level, Second Vice-District Governor was Lions Quest Chairperson, District Social Chairperson in District 22-A; Family and Women's Specialist, District Social Chairperson, Zone Chairperson, Region Chairperson and currently Second Vice-District Governor. She also serves on the North America Membership Initiative and the Membership Satisfaction sub-committee.

Second Vice District Governor was the Administrative Assistant for the Multiple District Councils of Governors in 2008-2009. Lion Nadja has participated in all levels of Leadership training included Emerging Lions Institute, Advanced Lions Leadership Institute, and Faculty Development Institute. To further her leadership training and Lionism education, she attends MD 22 Conventions, Lions International Conventions and USA/Canada Forums.

Lion Nadja is a member of the Lower Marsh Creek Presbyterian Church where she served as a Deacon and member of the Missions Committee. She continues to participate in the choir and remains on the Missions Committee.

Lion Nadja is married to Past Council Chair Lion Bob Muchow. They have been married for 16 years. Has a blend-family with 4 sons and 4 grand-children.

In addition to being a Lion, Lion Nadja has spent the last 41 years in the nursing field. She has a Master of Science in nursing degree. She currently works at the Chambersburg Hospital as a Nurse Case Manager in Chambersburg, PA. I would like to personally thank Lion Nadja for her sacrifice as a first responder. These have been challenging times over the past year with the pandemic. Lion Nadja continued to work full-time as a first responder, nurse, in a very busy hospital along with her continued service as our Second Vice-District Governor. This tells you the type of person Lion Nadja is. She is

always thinking about others before herself which makes her a great nurse! Lion Nadja plans to retire in January 2022 so she can focus her attention on serving Lions in District 22W as District Governor.

Lion Nadja is a dedicated, passionate, hardworking and has a commitment to volunteerism and a passion to service. She is the true definition of a Lion! It is my high honor to nominate Second Vice-District Governor Nadja Muchow as our next First Vice-District Governor!