



“No Kid Sleeps on the Floor in Our Town”

<https://www.shpbeds.org/chapter/md-frederick-co>

<https://www.facebook.com/SHPFrederickCo/>

Kids who don't sleep well face long term health, behavioral, and academic challenges.

To *reduce* those issues, **Sleep in Heavenly Peace**, a 501(C)(3) all-volunteer non-profit, builds and delivers **NEW twin beds FREE of CHARGE in Frederick County MD to needy families with kids 4-17 years old that are sleeping on the floor.** The beds, delivered and installed, include **NEW** bed frames, blankets, quilts, sheets, and pillows.

SHP has 281 chapters in 43 states, Canada, The Bahamas & Bermuda. In the last 3 years, SHP has lifted 63,500 children off the floor and into beds of their own, including **553 beds delivered to 386 Frederick County families** despite a Covid-19 lock down. But sadly, there are another ~1000 Frederick County Md kids that still have no beds.

On our Facebook page: <https://www.facebook.com/SHPFrederickCo/> is a video called: **"Hello. Do you have 3 minutes?"** You'll see a chapter's operations from raw lumber from Frederick Lowes stores on a trailer, all the way to smiling kids in their new beds.

Chapter Website



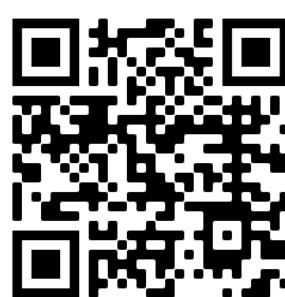
Chapter Facebook



Donation Options



Request-A-Bed



We are always looking for companies, civic/church groups, and individuals who will sponsor a bed build event in increments of 10 beds (\$2500). But we ask donors to do what they can, and we'll combine that with other donations to make and deliver beds to the kids. **All funds and beds stay in Frederick County.** For more info, contact our President Lou Stavely @ 301-785-3524 or Lou.Stavely@shpbeds.org

Corporate Website:	http://www.SHPBEDS.org
Get Involved:	https://www.shpbeds.org/volunteer
Request a Bed:	https://www.shpbeds.org/request-free-twin-bunk-bed
Frequently Asked Questions	https://www.shpbeds.org/frequently-asked-questions

Frederick County sponsors, and Frederick County volunteers, serving Frederick County Kids.

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Make sure there is enough room for the beds.

Single Beds are 81” Long, 42” Wide, and 28” Tall.

Stacked bunk beds are 56” tall at the Safety Rail.

FYI: A standard residential interior door is 80” high.

Option: Head/footboards for single beds can be installed upside down to create an additional 6” of storage room under the bed.